



AGC
ALABAMA

CompTRUSTAGC
Managing Your Risk

**Join us in hosting a
Safety Meeting/Tool Box Talk
anytime during the week of March 19-23, 2018
Focusing on Heat Illness Awareness**

**Everyone on a construction site should know
how to prevent heat related illnesses!**

Construction jobsites and other workplaces across America are being asked to host a **Safety Meeting/Tool Box Talk focusing on heat illness prevention** during the month of June, however in the South the heat gets to us sooner, so we ask that these talks take place earlier.

Alabama AGC and CompTrust AGC are strong supporters of OSHA's campaign to educate field employees on the dangers of heat illness and how to look for warning signs in fellow employees.

This time of year can be brutal on construction employees in Alabama. Heat illnesses can be deadly, but they are preventable with the proper education and team work. Take some time to educate your employees on the dangers of working outdoors and the precautions which can save their lives.

OSHA has provided a training guide to assist you in which can be found on OSHA or AlabamaAGC websites or by clicking on the links below.

OSHA Heat Illness Training Guide

<https://www.osha.gov/SLTC/heatillness/index.html>

OSHA Quick Card—Heat Stress

<https://www.osha.gov/Publications/osha3154.pdf>

For More information, please contact
Charlotte Kopf: 251-344-8220 staff@agcmobile.org

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Focusing on Heat Illness Awareness

In an effort to give OSHA an idea of how many employees participate in this National Event, we are asking that each company register by filling out the Registration below and sending it back to AGC.

Registration

- _____ **My firm pledges our commitment to participate in a Safety Stand Down/Safety Meeting/Tool Box Safety Talk discussing “Heat Illness Prevention”**

- Company Name: _____

- Contact Name : _____

- Phone: _____ Email: _____

- Address: _____

All employees on your jobsites are encouraged to participate.

Please provide an estimated number of individuals who will participate in your Safety Meeting/Tool Box Talks? _____

**Please fill out this form and scan it or fax it to the AGC office:
Fax: 251-342-5575 email: Staff@agcmobile.org**



WORKING IN THE SUMMER HEAT

This is OSHA's fifth year implementing its Heat-Illness Prevention Campaign. More resources are available on OSHA's website in English and Spanish and even an app to download to your phone to calculate the heat index and provide recommendations based on your risk level. Check out www.osha.gov/heat for training and other educational resources.

Heat-related illnesses can be deadly. Thousands become sick every year and many die due to preventable heat-related illnesses. With summer temperatures rising, now is the best time to prepare for working outdoors in excessive heat by following a few simple steps

HEAT-RELATED ILLNESS: KNOW THE SIGNS

It's important to know the signs of heat-related illness—acting quickly can prevent more serious medical conditions and may even save lives.

Heat Stroke is the most serious heat-related illness and requires immediate medical attention. Symptoms include: confusion, fainting, seizures, very high body temperature and hot, dry skin or profuse sweating. **CALL 911** if a coworker shows signs of heat stroke.

Heat Exhaustion is also a serious illness. Symptoms include: headache, nausea, dizziness, weakness, thirst and heavy sweating. **Heat fatigue**, and **heat rash** are less serious, but they are still signs of too much heat exposure.

If you or a coworker has symptoms of heat-related illness, **tell your supervisor right away**. If you can, move the person to a shaded area loosen his/her clothing, give him/her water (a little at a time), and cool him/her down with ice packs or cool water.

TO PREVENT HEAT ILLNESS:

WATER.REST.SHADE.

Drink water every 15 minutes, even if you are not thirsty.

Rest in the shade to cool down.

Wear a hat and light-colored clothing.

Learn the signs of heat illness and what to do in an emergency.

Keep an eye on fellow workers.

Acclimate – "easy does it" on your first days of work; be sure to get used to the heat and allow yourself to build up a tolerance. Not being used to the heat is a big problem. Many of the people who died from heat stress were either new to working in the heat or returning from a break. If a worker has not worked in hot weather for a week or more, their body needs time to adjust.

ALABAMA FATALITY STATISTICS

(01/01/2015—12/31/2015)

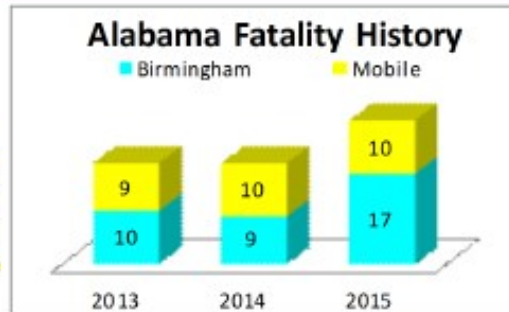


U.S. Department of Labor

NUMBER OF WORK-RELATED FATALITIES

27

Industry Sectors	%
Construction, NAICS 2361-2389: Roofing; Site-Preparation; Structural Steel; Highway, Street & Bridge	36
Manufacturing, NAICS 3111-3399: Metal Coating; Chemical Products; Ship Building; Gasket, Packing & Sealing	36
Retail Trade, NAICS 4411-4543: Tire Dealers; Bottled Gas Dealers; Gas Stations with Convenience Stores	12
Agriculture, NAICS 113310: Logging	8
Wholesale Trade, NAICS 4231-4251: Recyclable Material; Farm Supplies	8



Top Four Fatality Causes	#
Struck-By, Crushed-By, Caught-In: Vehicle(2); Equipment/Machinery (4); Struck-by Exploding Debris (2); Struck-by falling Material (6)	14
Fall-Related: Fall to lower level (7)	7
Electrocution: Contact with Energized Circuit (2)	2
Other: Workplace Violence (1); Heat Illness (1); Burns (2)	4



ALABAMA

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 fax: 205-731-0504
OSHABirmingham@dol.gov

Mobile Area Office
 phone: 251-441-6131
 fax: 251-441-6396
OSHAMobile@dol.gov

REMEMBER: (29 CFR 1904.39)
 You **must** report all work-related fatalities within 8-hours and all in-patient hospitalizations, amputations, and losses of an eye within 24 hours. You may call the local area office during normal business hours, call the 24-hour OSHA hotline at 1-800-321-OSHA (1-800-321-6742), or you can report online at www.osha.gov/report_online.

