



ALABAMA AGC
THE CONSTRUCTION ASSOCIATION

“Mental Health Awareness in Alabama’s Construction Industry”

Thursday, October 13, 2022 Alabama AGC, Irondale

Join Alabama AGC and the Alabama Department of Agriculture and Industries as we offer a FREE workshop and live presentations about the greatest issue facing Alabama’s construction industry - employee mental health.

QPR stands for Question, Persuade, and Refer — the 3 simple steps anyone can learn to help save a life from suicide. Just as people trained in CPR and the Heimlich Maneuver help save thousands of lives each year, people trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help. Each year thousands of Americans, like you, are saying "Yes" to saving the life of a friend, colleague, sibling, or neighbor. This program provides mental health training to better educate those in the construction industry about the importance of mental health, the resources available to those in need and strategies to help those in crisis.

AGENDA

Thursday, October 13, 2022

Alabama AGC Headquarters, 5000 Grantswood Road, Irondale, Alabama

RSVP jennifer@alagc.org

10:00am Welcome - Charlie Vines, Vulcan Materials; Darrell Henry, Alabama AGC

Video Presentation - Vulcan Material Testimonial, Wes Burton

10:15 – 12:00 QPR Workshop - 10:15am - 12:00pm

12:05 – 12:45 Lunch - Steven Smith V.P. of Compensation and Benefits Vulcan Materials – Vulcan’s 2022 Mental Health Campaign

Lunch provided by Alabama Dept. of Agriculture

12:50 – 1:20 - Tom Robinson, Alabama AGC - Recognizing the signs

1:20 – 1:50 – Brent Perkins, Brasfield & Gorrie – A large contractor’s Perspective

1:50 – 2:50 - (virtual - AGC of Washington Mandi Kime, Director of Safety)

2:50 - 3:00pm Conclusion - Charlie Vines, Darrell Henry

The suicide rate for people in the construction industries is soaring over the national average of deaths per 100,000 workers. Since this issue is often-overlooked, Alabama AGC will continue to make mental health awareness a priority. Alabama AGC will continue to raise awareness of the stress triggers associated in the construction industry and make mental health services more accessible to Alabama’s construction family.

Virtual option; <https://attendee.gotowebinar.com/register/2496108424770203664>

Brought to you by Alabama AGC and Alabama Department of Agriculture and Industries